Plato's Razor Coaching Institute

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Life Coaching Task Prioritisation

List your ideas in the first column. Mark each idea from 1-4
1 for low (i.e. Easy to do, low cost, little effort)
4 for high (i.e. Hard to do, high costs, huge effort)
The best choice has the lowest marks

Ideas	Ease to do	Cost	Effect On family	Effect On self	Totals	The best choice